


**A System of Care for Children's Mental Health:
Expanding the Research Base**
Using the System of Care Practice Review (SOCPR) to Facilitate System Transformation Efforts in Canada

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Area Map

Quick facts at a glance
Population: 877,300
Area: 2,796 kilometers or
1,080 square miles, 90
kilometers east to west
Ottawa's area is almost 80
per cent rural




History of the Project


- Mandate of the Children & Youth Mental Health Network (CYMHN)
- Investigation of models/tools for system transformation
- University of South Florida (USF)
 - Dr. Friedman System of Care (SOC)



History of the Project


System of Care (con't)

- Centre of Excellence
- USF & Success 4 Kids and Families present SOCPR
- CYMHN unanimously approves the SOCPR project
- Ottawa Children's Coordinated Access & Referral to Services (OCCARS) is assigned the lead responsibility to coordinate the project in partnership with:
 - Crossroads Children's Centre (CCC)
 - Ottawa Children's Aid Society (CAS)
 - Youth Services Bureau of Ottawa (YSB)



SOCPR


- Qualitative research tool
- Case study methodology
- Principles operationalized at the level of practice
- Meet the needs of children & families

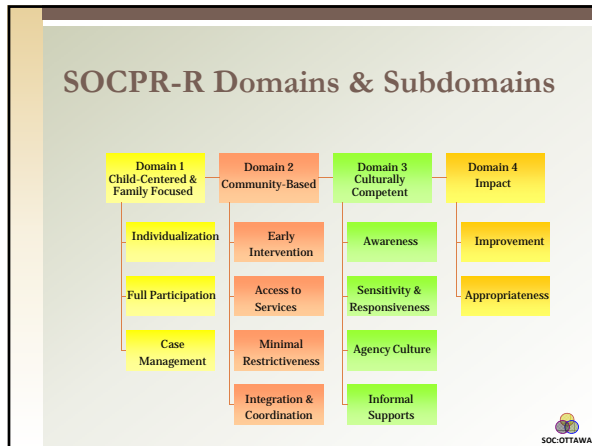


SOCPR (con't)

Primary applications:

- Identify system/wide strengths and challenges to inform quality improvement and system transformation efforts
- Staff training recommendations





Basic Information About Theories of Change System of Care Practice Review: Ottawa

Highlights of Ottawa's Data

- ### Ottawa's Preliminary Points of Interests
- Demographics:
 - 32 case studies conducted (27 cases used)
 - Children
 - > Ages 9 to 18
 - > Mean age 13
 - > 70% males
 - > 30% females
 - Language
 - > 68% English, 26% French

- ### SOCPR Outcomes
- Strengths:
 - Identification of strengths
 - Restrictiveness
 - Service delivery is accessible
 - > Language
 - > Location
 - > Times
 - > Setting

- ### SOCPR Outcomes (con't)
- Challenges:**
- Early identification & intervention
 - Integration of service plan across agencies
 - Smooth and seamless transition


- ### SOCPR Outcomes (con't)
- Training needs:**
- Cultural competence
 - Strengths based planning & goal setting

Area Needing Further Exploration

Case Management

There is one person who successfully coordinates services while ensuring that the treatment/service plan is responsive.


- > No mandate or funding for the delivery of case management
- > The high rating is a direct result of the dedication of the service providers and programs.
- > Cost to intended service delivery.
- > Difficulties experienced by families when attempting to access services or move between services within the system



Areas Needing Further Exploration (con't)



Cultural Awareness & Competence

- Refers to the ability to not only be aware of cultural differences, but also be sensitive and responsive to those needs.
- Further, there are additional barriers that prevent our systems ability to deliver culturally competent services such as:
 - > Recruitment
 - > Outreach,
 - > Evidence based programs that are considered culturally competent.




Community Strategy

- Community training (strength based treatment planning and goal setting).
- Development of a cultural Brokerage team
- Commitment to on-going use of the SOCPR (3 years)
- Train additional SOCPR reviewers
- Commitment to address larger system issues

Basic Information About Theories of Change
System of Care Practice Review: Ottawa


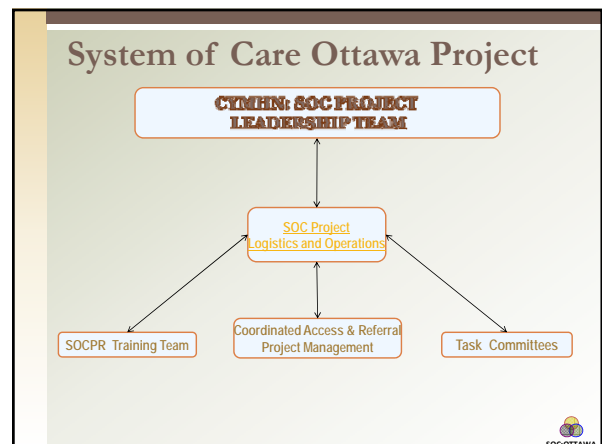
A Shared Responsibility and the Development of a Community of Practice



Development of a Community of Practice


"Communities of practice are groups of people who share a concern or a passion for something they do and learn how to do it better as they interact regularly (Etienne Wenger)".

- The strengthening of trust & collaboration
- Common language, priorities and a shared ownership in the transformation process
- Development of a committee structure
- Linked policy to practice
- Adoption of System of Care Values and Guiding Principles


The Policy Framework & SO CPR

Ontario's Policy Framework	SOC Principles
• Child, youth and family centered.	<ul style="list-style-type: none"> • Services are individualized. • Families are included as full participants in service planning and delivery.
• Community driven – services and supports should be provided as close to home as possible.	• Services are received within the least restrictive environment.
• Accessible.	<ul style="list-style-type: none"> • Children have access to a comprehensive array of services. • Services are received within the least restrictive environment. • Children with SED receive services regardless of race, religion, national origin, sex, physical disability or other characteristics. • The rights of children with SED are protected.
• Coordinated and collaborative.	<ul style="list-style-type: none"> • Services are integrated and coordinated. • Case management is provided to ensure service coordination and system navigation. • Children with SED are ensured a smooth transition to adult services when they reach maturity.
• Evidence-based and accountable.	<p>By using the SO CPR an organization/system is taking steps to ensure that they are accountable.</p> <p>All of the SO CPR principles help an agency and system deliver evidence-based and accountable services.</p>




SOC Values & Principles

- Core values:
- Child centered & family focused
- Community-based
- Culturally competent




SOC Guiding Principles

- Children have access to a comprehensive array of services.
- Services are individualized.
- Services are received within the least restrictive environment.
- Families are included as full participants.
- Services are integrated and coordinated.




SOC Guiding Principles (con't)

- Case management is provided to ensure service coordination and system navigation.
- The system promotes early identification and intervention.
- Children with **SED** are ensured a smooth transitions to adult services when they reach maturity.
- The rights of children with SED are protected.
- Children with SED receive services regardless of race, religion, national origin, sex, physical disability, or other characteristics.



Next Steps

- Articulate vision and theory of change
- Develop logic model
 - System level
 - Organization level
 - Practice level



Contact Us

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